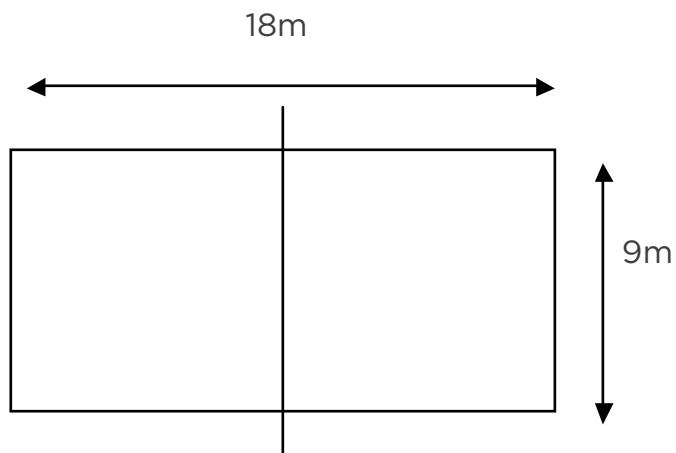


Volleyball Rules



RULES

Setup: mark out the court boundaries using cones or tapes, ensuring the net is taut and exactly across halfway in the court.

Aim: to score more points than the opposition by landing the ball in the opposition's half of the court or by forcing an error from the opposition.

- Each team can have a maximum of six players on court at any one time. Players are generally arranged in two lines of three and rotate positions at every new set of serves for their team.
- Extra players can rotate in at this point.
- The ball is served from behind the endline and must go over the net. If it grazes the net on the way over play on.
- The defending team may not block or attack the serve and must attempt to return the ball using a maximum of three touches. The rally then continues in this manner.
- A player may not hit the ball twice in succession (a block is not considered a hit).
- A legal hit is contact with the ball by a player which does not allow the ball to visibly come to rest.
- The ball may be played off the net.
- The team that wins the point serves the next point. If a point is won on a team's own serve, the same player continues to serve until a point is lost.
- A ball that lands touching a boundary line is 'in'.